

Cabot Trail - Counter Clockwise

* All distances are in kilometres.

* Please note that construction, roadwork, or detours might alter these routes. Be sure to bring a map with you in order to aid in navigation.

* Blue shaded cells indicate special mentions or alternative routes. These are not considered when looking at the distance until the “next turn”.

Notes about the Cabot Trail

* For the majority of this trip you will be staying on the Cabot Trail. There are long distances with a lot of elevation gain and with little or no amenities. Be sure to bring lots of water, food, and repair kits.

* There are many sections of the Cabot trail that are lacking cell reception.

Distance	Turn	Onto	Description	Next Turn
0			At intersection, turn EAST on 205/Shore Road . You will be staying on this road for 9km until you hit the highway.	9.2
9.2	Right	Hwy 105 East	Take a RIGHT onto Hwy 105 . *This is a busy highway; ride with caution. You will stay on this for 9km.	8.8
18	Left	Cabot Trail	At exit 11, cross the highway, turning LEFT to get onto the Cabot Trail , heading towards Ingonish.	27.2
45.2	Left	Cabot Trail	Take a LEFT , continuing on the Cabot Trail .	73.7
76.2			Begin your climb of Mt. Smokey. * This is a very steep climb with many blind corners. Proceed with caution.	
78.7			Begin the long, flowing descent towards Ingonish.	
93.6			Keltic Lodge.	
118.9	Veer Left	Cabot Trail	Stay LEFT on the Cabot Trail . *Alternatively, take a right into Neil’s Harbour.	17.1
136	Straight	Cabot Trail	Continue along the Cabot Trail . *Alternatively, you can also turn right to visit the Cabot Landing Provincial Landing or head towards Meat Cove.	94.8
147.6			You will start climbing a long, gradual ascent.	
155.4			Begin your descent down North Mountain. *This is a very steep descent with many blind corners. Proceed with caution.	
162			MacIntosh Brook. (W/C, Woodstove, Hiking Trails, Picnic).	
167.6			Begin the ascent up MacKenzieMountain.	
184.6			Skyline hiking trail (3 hour return trip). (W/C). Begin your descent down French Mountain.	
200.3			You are now exiting the park. Stop by the Visitors Centre for hiking trails, interpretive centre, and gift shop.	
206			You are now in Chéticamp. Stay on the Cabot Trail through town.	
230.8	Left	East Margaree Road	Take a LEFT onto East Margaree Road . You will be staying on this road, following the river, for 14km.	13.8
244.6	Left	Cabot Trail	After the bridge, take a LEFT back onto the Cabot Trail .	39
251.8			Dancing Goat Café	
258.5			Lake O’ Law Picnic Spot. (W/C, Picnic, Beach)	
283.6	Left	Cabot Trail	Take a LEFT on Hwy 105 . * Be aware that you are now on a busy stretch of road for the next 8km.	8

291.6	Right	Towards 205	At Exit 8, turn LEFT to access 205 . In a 100m, take LEFT, heading into Baddeck.	
293.8			You have arrived in Baddeck.	